

June 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Open 3:00-7:00	2
3 Volleyball League I 5:30-8:30	4 Open 3:00-7:00	5 Open 3:00-7:00	6 Open 3:00-7:00	7 Open 3:00-7:00	8 Open 3:00-7:00	9
10 Volleyball League I 5:30-8:30	11 FREE GlideFIT Class 7:00-8:00	12 FREE GlideFIT Class 7:00-8:00	13 FREE GlideFIT Class 7:00-8:00	14 FREE GlideFIT Class 7:00-8:00	15	16 Lessons 10-10:45 Adaptive Lessons 10:00-10:45 GlideFit HIIT/ Interval 9:00-9:45 Reading 9-11
17 SFN 6:00-8:00 Volleyball League I 5:30-8:30	18 TRANSPORTATION GlideFit HIIT/ Interval 9:00-9:45 GlideFit HIIT/ Interval 6:45-7:30	19 Lessons 10-10:45 Lessons 6:00-6:45	20 TRANSPORTATION GlideFit HIIT/ Interval 9:00-9:45 GlideFit HIIT/ Interval 6:45-7:30	21 Lessons 10-10:45 Lessons 6:00-6:45	22 TRANSPORTATION	23 Lessons 10-10:45 Adaptive Lessons 10:00-10:45 GlideFit HIIT/ Interval 9:00-9:45 Reading 9-11
24 SFN 6:00-8:00 Volleyball League I 5:30-8:30 GlideFit YOGA 10:00-10:45	25 TRANSPORTATION GlideFit HIIT/ Interval 9:00-9:45 GlideFit HIIT/ Interval 6:45-7:30	26 Lessons 10-10:45 Lessons 6:00-6:45 GlideFit YOGA 9:00-9:45 GlideFit YOGA 6:45-7:30	27 TRANSPORTATION GlideFit 9:00-9:45 GlideFit 6:45-7:30	28 Lessons 10-10:45 Lessons 6:00-6:45 GlideFit YOGA 9:00-9:45 GlideFit YOGA 6:45-7:30	29 TRANSPORTATION	30 Lessons 10-10:45 Adaptive Lessons 10:00-10:45 GlideFit HIIT/ Interval 9:00-9:45 Reading 9-11 FLICK 'N' FLOAT 7

Check our website for more information regarding our GlideFIT class offerings